



Dog Parkour UK – Foundation Level 1

Built Environment

Station Requirements and Parkour Behaviours

Rules and Regulations

Parkour Behaviours

The Parkour Behaviours required for the Foundation Level 1 are:-

- 2 feet on
- 4 feet on
- Under
- Through
- In

Foundation Level 1

The parkour behaviours, station requirements and obstacle requirements are shown in Table A

Videoing

Both you and the dog need to be clearly visible in each video.

Must be able to see dog getting onto and off each of the obstacles

Each behaviour can be videoed separately and can be videoed in a different location on a different day

All 10 videos need to be edited together so that one video with all 10 behaviours is submitted

Video Submission

Upload both videos to You Tube.

Send submission fee (£25 – GBP British Pounds) via paypal to

dogparkouruk@aol.com

Send an email to dogparkouruk@aol.com with:-

1. The link to the video
2. The paypal account that you have used to make the payment
3. Handlers name (for the Qualifying Certificate)
4. Dogs name (for the Qualifying Certificate)
5. Your postal address (to send the Qualifying Certificate and Rosette to)
6. Dogs Age (minimum age is 6 months)
7. Name of your Certified Instructor (if you have one)

Submission Fee

The submission fee (£25 – GBP British Pounds) is for one handler with one dog.

Non-qualifying submissions can resubmit for a resubmission fee of £10

Rules

Each video must show the dog successfully demonstrating the behaviour

Treats or toys may be carried in pocket or treat pouch

Treats or toys may not be used to lure dog to perform the behaviour

Treats/toys can be given after the behaviour has been completed

If necessary, you are required to hold an obstacle to make it safe for your dog

Dogs must be wearing a non-tightening non-shoulder restrictive harness with a lead attached to a back clip on the harness for all stations except for a

'through' station when the lead may be unclipped for the 'through' behaviour

Handler must not touch the dog while the dog is performing the behaviour

No harsh handling

No manipulating/pushing/shoving/lifting dog or any part of the dog's body to get them to do the behaviour.

Minimum age of dog is 6 months

The lead must not be held so tightly that it pulls a dog onto an obstacle or prevents a dog from dismounting from an obstacle.

The shoulder height rule must be adhered to at all times.

Rosettes and Certificates

A Dog Parkour UK Level 1 Foundation Qualifying Certificate and Qualifying Rosette will be awarded to Teams who successfully complete the requirements.

Obstacles

A different obstacle must be used for each of the behaviours

Built Environment

Any man-made obstacles can be used – no height, width or length requirements
Obstacle needs to be moveable i.e. of a size that you can move it into the position that you want to use it in.

Obstacles can be placed in any location (indoors or outdoors)

Table A – Built Environment – Foundation Level 1

Station Number	Level 1 Parkour Behaviour	Behaviour Requirements
1	2 feet on	Dog puts two front feet onto the obstacle and stays in that position for at least 2 seconds.
2	4 feet on	Dog puts four feet onto the obstacle and stays in that position for at least 2 seconds.
3	Under	Dog goes under an obstacle that is lower than their head height (lead may be detached for this).
4	Through	The dog goes through a gap between two obstacles (Dog to go through on their own without handler – lead may be detached for this)
5	In	Dog gets into an obstacle with four sides and stays in the obstacle for 2 seconds.
6	Free Choice 1	Any Level 1 parkour behaviour Must be different to the free choice behaviour demonstrated for station 7
7	Free Choice 2	Any Level 1 parkour behaviour Must be different to the free choice behaviour demonstrated for station 6
8	Creativity	Dog to do two different Level 1 parkour behaviours with one obstacle.
9	2 Obstacle Sequence	Dog to do two different Level 1 parkour behaviours one after the other using two different obstacles. Must be different behaviours to those demonstrated for station 10
10	2 Obstacle Sequence	Dog to do two different Level 1 parkour behaviours one after the other using two different obstacles. Must be different behaviours to those demonstrated for station 9

Use of Videos and Disclaimer

By submitting a video for a Dog Parkour UK Title you are agreeing to the following statements:-

1. Submitted videos may be used by Dog Parkour UK for the training of Certified Instructors and Accredited Evaluators plus used for marketing/publicity via facebook, the DPUK website and any other media, unless you clearly specify otherwise.
2. All safety rules must be adhered to at all times.
3. Handlers are responsible at all times for their dogs safety.
4. Dog Parkour UK will not be held liable for any costs, injury, death, damage or loss of any nature whatsoever resulting from participation in Dog Parkour UK activities.