

## Dog Parkour UK - Foundation Level 2

## Built Environment

## Station Requirements and Parkour Behaviours

Rules and Regulations

## Parkour Behaviours

The Parkour Behaviours required for the Foundation Level 2 are:-

- Straddle
- Moving Obstacle
- Balance
- Back-up
- Over
- Gap Jump


## Foundation Level 2

The parkour behaviours, station requirements and obstacle requirements are shown in Table A

## Videoing

Both you and the dog need to be clearly visible in each video.
Must be able to see dog getting onto and off each of the obstacles
Each behaviour can be videoed separately and can be videoed in a different location on a different day
All 10 videos need to be edited together so that one video with all 10 behaviours is submitted

## Video Submission

Send submission fee ( $£ 25$ - GBP British Pounds) via paypal to dogparkouruk@aol.com
Send an email to dogparkouruk@aol.com with:-

1. The link to the video
2. The paypal account that you have used to make the payment
3. Handlers name (for the Qualifying Certificate)
4. Dogs name (for the Qualifying Certificate)
5. Your postal address (to send the Qualifying Certificate and Rosette to)
6. Dogs Age (minimum age is 12 months)
7. Name of your Certified Instructor (if you have one)

## Submission Fee

The submission fee ( $£ 25$ - GBP British Pounds) is for one handler with one dog. Non-qualifying submissions can resubmit for a resubmission fee of $£ 10$

## Rules

Each video must show the dog successfully demonstrating the behaviour Treats or toys may be carried in pocket or treat pouch Treats or toys may not be used to lure dog to perform the behaviour Treats/toys can be given after the behaviour has been completed If necessary, you are required to hold an obstacle to make it safe for your dog Dogs must be wearing a non-tightening non-shoulder restrictive harness with a lead attached to a back clip on the harness. Lead may be unclipped for the 'over' behaviour and the 'gap jump' behaviour.
Handler must not touch the dog while the dog is performing the behaviour No harsh handling
No manipulating/pushing/shoving/lifting dog or any part of the dog's body to get them to do the behaviour.
Minimum age of dog is 12 months
The lead must not be held so tightly that it pulls a dog onto an obstacle or prevents a dog from dismounting from an obstacle.
The shoulder height rule must be adhered to at all times.

## Rosettes and Certificates

A Dog Parkour UK Level 2 Foundation Qualifying Certificate and Qualifying Rosette will be awarded to Teams who successfully complete the requirements.

## Obstacles

A different obstacle must be used for each of the behaviours

## Built Environment

Any man-made obstacles can be used.
Obstacle needs to be moveable i.e. of a size that you can move it into the position that you want to use it in.
Obstacles can be placed in any location (indoors or outdoors)

Table A - Built Environment - Foundation Level 2

| Station Number | Level 2 Parkour Behaviour | Behaviour Requirements | Obstacle <br> Requirements <br> Height <br> plus Other <br> Requirements | Obstacle <br> Requirements Width | Obstacle Requirements Length |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Straddle (Low) | Dog places two front feet onto one obstacle and two back feet onto another obstacle. Remains in position for at least 3 seconds. | Both obstacles to be raised off the floor but no higher than stopper pad height. <br> Both obstacles to be the same height Distance between obstacles to be at least one third of dogs body length | No specific requirements | No specific requirements |
| 2 | Moving Obstacle | Dog gets onto an obstacle that will move when touched. All four feet need to be on the obstacle and the dog needs to stay in position for at least 3 seconds. | No specific requirements | No specific requirements | No specific requirements |
| 3 | Balance | Dog walks along on an obstacle a distance of two body lengths. | No specific requirements | No wider than shoulder width | Two body lengths |
| 4 | Back up (low) | Dog stands one dog length away from obstacle and backs up to stand with 2 back feet on obstacle. Remains in position for at least 3 seconds. | No higher than stopper pad height. | No specific requirements | No specific requirements |
| 5 | Over (Different surfaces/ textures on each side of the jump) | Dog jumps over obstacle. | Height of obstacle to be dogs elbow height. <br> (For senior dogs, height to be hock height) | No specific requirements | No specific requirements |


| 6 | Gap jump | Dog to jump from one <br> obstacle to another <br> obstacle | Both obstacles to <br> be the same <br> height. Both <br> obstacles to be <br> raised off the floor <br> but no higher than <br> hock height. <br> Distance between <br> obstacles to be at <br> least dogs body <br> length (half dogs <br> body length for <br> senior dogs) | No specific <br> requirements | No specific <br> requirements |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 7 | Free <br> Choice 1 | Any Level 2 parkour <br> behaviour | N/A |  |  |
| 8 | Creativity | Dog to do two different <br> Level 2 parkour behaviours <br> with one obstacle. | N/A | N/A |  |
| 9 | 2 Obstacle <br> Sequence | Dog to do two different <br> Level 2 parkour behaviours <br> one after the other using <br> two different obstacles. <br> Must be different <br> behaviours to those <br> demonstrated for station 10 | N/A | N/A | N/A |
| 10 | 2 Obstacle <br> Sequence | Dog to do two different <br> Level 2 parkour behaviours <br> one after the other using <br> two different obstacles. <br> Must be different <br> behaviours to those <br> demonstrated for station 9 | N/A | N/A | N/A |
|  |  |  | N/A | N/A |  |

## Use of Videos and Disclaimer

By submitting a video for a Dog Parkour UK Title you are agreeing to the following statements:-

1. Submitted videos may be used by Dog Parkour UK for the training of Certified Instructors and Accredited Evaluators plus used for marketing/publicity via facebook, the DPUK website and any other media, unless you clearly specify otherwise.
2. All safety rules must be adhered to at all times.
3. Handlers are responsible at all times for their dogs safety.
4. Dog Parkour UK will not be held liable for any costs, injury, death, damage or loss of any nature whatsoever resulting from participation in Dog Parkour UK activities.
