



Dog Parkour UK – Foundation Level 5

Built Environment

Station Requirements and Parkour Behaviours

Rules and Regulations

Parkour Behaviours

The Parkour Behaviours required for the Foundation Level 5 are:-

- 2 feet on (360 degree pivots)
- 4 feet on (360 degree turns)
- Under (sendaway)
- Back up (high)
- Around (clockwise)
- Around (anti-clockwise)
- Signature Parkour Behaviour (new parkour behaviour)

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The parkour behaviours, station requirements and obstacle requirements are shown in Table A

Videoing

Both you and the dog need to be clearly visible in each video.

Must be able to see dog getting onto and off each of the obstacles

Each behaviour can be videoed separately and can be videoed in a different location on a different day

All 10 videos need to be edited together so that one video with all 10 behaviours is submitted

Video Submission

Upload both videos to You Tube, Vimeo or similar.

Send submission fee (£25 – GBP British Pounds) via paypal to

dogparkouruk@aol.com

Send an email to dogparkouruk@aol.com with:-

1. The link to the video
2. The paypal account that you have used to make the payment
3. Handlers name (for the Qualifying Certificate)
4. Dogs name (for the Qualifying Certificate)
5. Your postal address (to send the Qualifying Certificate and Rosette to)
6. Dogs Age (minimum age is 24 months)
7. Name of your Certified Instructor (if you have one)

Submission Fee

The submission fee (£25 – GBP British Pounds) is for one handler with one dog.

Non-qualifying submissions can resubmit for a resubmission fee of £10

Rules

Each video must show the dog successfully demonstrating the behaviour

Treats or toys may be carried in pocket or treat pouch

Treats or toys may not be used to lure dog to perform the behaviour

Treats/toys can be given after the behaviour has been completed

If necessary, you are required to hold an obstacle to make it safe for your dog

Dogs must be wearing a non-tightening non-shoulder restrictive harness with a lead attached to a back clip on the harness for all stations except for

- Under (sendaway)
- Around (clockwise)
- Around (anti-clockwise)
- Signature Behaviour (if spotting is not required)

when the lead may be unclipped for these behaviours

Handler must not touch the dog while the dog is performing the behaviour

No harsh handling

No manipulating/pushing/shoving/lifting dog or any part of the dog's body to get them to do the behaviour.

Minimum age of dog is 24 months

The lead must not be held so tightly that it pulls a dog onto an obstacle or prevents a dog from dismounting from an obstacle.

The shoulder height rule must be adhered to at all times.

Rosettes and Certificates

A Dog Parkour UK Level 5 Foundation Qualifying Certificate and Qualifying Rosette will be awarded to Teams who successfully complete the requirements.

Obstacles

A different obstacle must be used for each of the behaviours

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Any man-made obstacles can be used – no height, width or length requirements unless specified

Obstacle needs to be moveable i.e. of a size that you can move it into the position that you want to use it in.

Obstacles can be placed in any location (indoors or outdoors)

Table A – Built Environment – Foundation Level 5

Station Number	Level 5 Parkour Behaviour	Behaviour Requirements	Obstacle Requirements
1	2 feet on (360 degree pivots)	Dog puts two front feet onto an obstacle and pivots 360 degrees clockwise followed by 360 degrees anti-clockwise (No dismount inbetween directions)	No height, width or length requirements
2	4 feet on (360 degree turns)	The dog puts four feet onto an obstacle and completes a 360 degree turn clockwise followed by a 360 turn anticlockwise (No dismount inbetween directions)	Width and length of obstacle to be shorter than dogs body length
3	Under (sendaway)	Dog stands at least 3 dog body lengths away from obstacle. Dog to be sent to go under the obstacle	Obstacle to be lower than head height
4	Back Up (High)	Dog stands one dog body length away from obstacle and backs up to stand (without sitting) with 4 feet on the obstacle. Remains in position for at least 3 seconds	Obstacle height to be at least half of dog's shoulder height
5	Around (Clockwise)	Dog stands at least 3 dog body lengths away from obstacle. Dog to make at least one complete 360 degree loop around the obstacle clockwise	No height, width or length requirements
6	Around (Anti-clockwise)	Dog stands at least 3 dog body lengths away from obstacle. Dog to make at least one complete 360 degree loop around the obstacle anti-clockwise.	No height, width or length requirements
7	Creativity	Dog to do two different Level 5 parkour behaviours with one obstacle.	No height, width or length requirements
8	2 Obstacle Sequence	Dog to do two different Level 5 parkour behaviours one after the other using two different obstacles.	No height, width or length requirements
9	Signature Parkour behaviour	Dog to do a brand new parkour behaviour not including any behaviours from any previous levels	No height, width or length requirements
10	Signature Parkour behaviour	Dog to do a brand new parkour behaviour not including any behaviours from any previous levels	No height, width or length requirements

Use of Videos and Disclaimer

By submitting a video for a Dog Parkour UK Title you are agreeing to the following statements:-

1. Submitted videos may be used by Dog Parkour UK for the training of Certified Instructors and Accredited Evaluators plus used for marketing/publicity via facebook, the DPUK website and any other media, unless you clearly specify otherwise.
2. All safety rules must be adhered to at all times.
3. Handlers are responsible at all times for their dogs safety.
4. Dog Parkour UK will not be held liable for any costs, injury, death, damage or loss of any nature whatsoever resulting from participation in Dog Parkour UK activities.