



Dog Parkour UK – Foundation Level 3

Urban Environment

Station Requirements and Parkour Behaviours

Rules and Regulations

Parkour Behaviours

The Parkour Behaviours required for the Foundation Level 3 are:-

- 2 feet on (vertical surface)
- 4 feet on (small object)
- Under (crawl)
- Through (narrow and long)
- Send to obstacle
- Around (clockwise)
- Around (anti-clockwise)

Foundation Level 3

The parkour behaviours, station requirements and obstacle requirements are shown in Table A

Videoing

Both you and the dog need to be clearly visible in each video.

Must be able to see dog getting onto and off each of the obstacles

Each behaviour can be videoed separately and can be videoed in a different location on a different day

All 10 videos need to be edited together so that one video with all 10 behaviours is submitted

Video Submission

Upload both videos to You Tube.

Send submission fee (£25 – GBP British Pounds) via paypal to

dogparkouruk@aol.com

Send an email to dogparkouruk@aol.com with:-

1. The link to the video
2. The paypal account that you have used to make the payment
3. Handlers name (for the Qualifying Certificate)
4. Dogs name (for the Qualifying Certificate)
5. Your postal address (to send the Qualifying Certificate and Rosette to)
6. Dogs Age (minimum age is 18 months)
7. Name of your Certified Instructor (if you have one)

Submission Fee

The submission fee (£25 – GBP British Pounds) is for one handler with one dog. Non-qualifying submissions can resubmit for a resubmission fee of £10

Rules

Each video must show the dog successfully demonstrating the behaviour

Treats or toys may be carried in pocket or treat pouch

Treats or toys may not be used to lure dog to perform the behaviour

Treats/toys can be given after the behaviour has been completed

If necessary, you are required to hold an obstacle to make it safe for your dog

Dogs must be wearing a non-tightening non-shoulder restrictive harness with a lead attached to a back clip on the harness for all stations except for a

‘through’ station when the lead may be unclipped for the ‘through’ behaviour

Handler must not touch the dog while the dog is performing the behaviour

No harsh handling

No manipulating/pushing/shoving/lifting dog or any part of the dog’s body to get them to do the behaviour.

Minimum age of dog is 18 months

The lead must not be held so tightly that it pulls a dog onto an obstacle or prevents a dog from dismounting from an obstacle.

The shoulder height rule must be adhered to at all times.

Rosettes and Certificates

A Dog Parkour UK Level 3 Foundation Qualifying Certificate and Qualifying Rosette will be awarded to Teams who successfully complete the requirements.

Obstacles

A different obstacle must be used for each of the behaviours

Urban Environment

Obstacles must be constructed for an urban environment – no height, width or length requirements unless specified

Five obstacles must be constructed for an urban environment and must be permanently in the position in which you use them.

The other obstacles must be constructed for an urban environment and can either be permanent or can be movable.

Table A – Urban Environment – Foundation Level 3

Station Number	Level 3 Parkour Behaviour	Behaviour Requirements	Obstacle Requirements
1	2 feet on (Vertical surface)	Dog puts two front feet onto the obstacle and stays in that position for at least 2 seconds.	Vertical surface
2	4 feet on (small object)	Dog puts four feet onto the obstacle and stays in that position for at least 2 seconds.	Width and length of obstacle must each be shorter than the dogs length
3	Under (crawl)	Dog goes under an obstacle that requires them to crawl (lead may be detached for this).	Obstacle to be low enough so that the dog is required to crawl.
4	Through (narrow and long)	The dog goes through a gap between two obstacles (Dog to go through on their own without handler – lead may be detached for this)	Gap to be no wider than 1.5 times dogs shoulder width. Length of gap to be at least 4 times dogs body length
5	Send to obstacle	Dog is sent to an obstacle which is at least 3 dog body lengths away. Dog puts all 4 feet on the obstacle and stays on obstacle for 2 seconds.	No height, width or length requirements
6	Around - clockwise	From at least one dog body length away from obstacle, dog to go 180 degrees round obstacle clockwise and return to handler, finishing at least one dog body length away from obstacle.	No height, width or length requirements
7	Around – anti-clockwise	From at least one dog body length away from obstacle, dog to go 180 degrees round obstacle anti-clockwise and return to handler, finishing at least one dog body length away from obstacle.	No height, width or length requirements
8	Creativity	Dog to do two different Level 3 parkour behaviours with one obstacle.	
9	2 Obstacle Sequence	Dog to do two different Level 3 parkour behaviours one after the other using two different obstacles. Must be different behaviours to those demonstrated for station 10	
10	2 Obstacle Sequence	Dog to do two different Level 3 parkour behaviours one after the other using two different obstacles. Must be	

		different behaviours to those demonstrated for station 9	
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Use of Videos and Disclaimer

By submitting a video for a Dog Parkour UK Title you are agreeing to the following statements:-

1. Submitted videos may be used by Dog Parkour UK for the training of Certified Instructors and Accredited Evaluators plus used for marketing/publicity via facebook, the DPUK website and any other media, unless you clearly specify otherwise.
2. All safety rules must be adhered to at all times.
3. Handlers are responsible at all times for their dogs safety.
4. Dog Parkour UK will not be held liable for any costs, injury, death, damage or loss of any nature whatsoever resulting from participation in Dog Parkour UK activities.